

STRATEGIC PLAN

Mental Health Services Management Plan

**consortium of:
Audubon, Greene and Guthrie Counties, Iowa**

March 27, 2003

A. Vision

It is the vision of the consortium of Audubon, Greene and Guthrie Counties, in managing the mental health funds, to assist people with disabilities or mental illness to live and work in the community of their choosing, while assuring that their basic care and safety needs are met. This plan intends to offer the supports necessary to empower people with disabilities to exercise their rights, take risks, and bear responsibilities as would any citizen. It is the intention of the counties to develop a system of administration that will allow easy access, quick response, holistic planning, comprehensive coverage of needs, and based on consumer-direction. The system will direct that the provision of supports be provided in the least-restrictive option that is safe and practical. The practices which fall under the administration of this plan will be completed in the context of the need to manage the use of tax dollars efficiently and responsibly.

B. Needs Assessment

Information regarding the needs of consumers in the consortium is obtained from a number of stakeholders including the Mental Health Coordinator, all Supervisors, provider agencies, DHS Case Managers, selected consumers, and parents of consumers. The most typical means of receiving information about needs of consumers and thus needed additions or changes in the system is through the individualized team planning process. Case managers and/or provider staff have communicated to the Coordinator regarding proposed individual plans which may require any number of changes. Thus, the needs identified are those which have become apparent in the course of implementing individualized planning over the past four years. Individual needs are currently being documented by means of surveys and interviews.

- Community, home-based supports for people with chronic and severe mental illness in both Guthrie and Audubon Counties – This need became apparent after repeated incidents of hospitalizations and re-hospitalizations, in which it became apparent that supports in the home were not adequate to meet the consumer's minimal needs.
- Residential support alternatives, in-county, for people living in Audubon or Guthrie Counties. Whereas HCBS MR/Waiver (5-beds), RCF/MR, RCF, and Supported Community Living (SCL) levels of care are available to consumers living in Greene County, only RCF and SCL levels of care are available in the other two counties. A recent related need has developed due to the low unemployment rate. People needing residential support at the HCBS and/or SCL levels are waiting in RCF/MR or RCF levels, due to the inability of providers to staff new or expanded services.

The needs information shown here is driving the process of adding and expanding new services, as can be seen in the goals and objectives section.

B. Goals and Objectives

The goals and objectives are oriented toward moving the services system forward, with regard to effectively and efficiently assisting those people who use the services, to function at the least-dependent level, and integrated into their communities as is safe and reasonable.

1. Expand Supported Community Living services in Audubon County.

Objective: Develop SCL services, providing up to multiple contacts per day, available within five business days of referral in Audubon County within the next two years.

2. Increase the range and levels of supports to persons with mental illness.

Objectives: Work to assist existing providers to expand and/or improve in-home, out-patient, and residential supports to persons who are in crisis or with persistent mental illness.

3. Develop and implement a contracting system for the consortium

Objective: Develop a contract with providers of purchased services by 1/1/04.

b. Complete contracts, including the rate setting component with providers by 6/30/04.

The Coordinator will be responsible for scheduling meetings between providers and case managers to facilitate the planning and implementation of these objectives. Progress will be measured by means of comparison with time frames to be referenced in the written plan which will be a part of the first Annual Review. No new money will be allocated for any of the identified projects. Funding will be accomplished by means of existing mental health funds, if necessary, but on-going funding, above and beyond what would otherwise be expended for similar services currently purchased will only be allowed with Board approval.

C. Services and Supports

Services shown may be funded if the level is marked yes for a diagnostic group.

| SERVICE | MR/DD* | CMI | MI |
|----------------------------------|--------|-------|-------|
| MHI | Yes | Yes | Yes |
| Attorneys/sheriff transport | Yes | Yes | Yes |
| Mental Health Advocate | Yes | Yes | Yes |
| Community Inpatient Hospital* | Yes | Yes | Yes |
| Crisis Services | Yes | Yes | Yes |
| Case Management | Yes | Yes | No |
| Partial Hospitalization * | Yes | Yes | Yes |
| Public Health Nursing | Yes | Yes | No |
| Out-patient Psychotherapy | Yes | Yes | Yes |
| Day Services | Yes | Yes * | No |
| Work Services | Yes | Yes * | No |
| Supported Employment | Yes | Yes | No |
| CSALA | Yes | Yes | No |
| HCBS-Waiver (individual) | Yes | No | No |
| RCF/MR CSALA 1-5 Bed | Yes | No | No |
| RCF/MR Group 1-5 Bed | Yes | No | No |
| HCBS-Waiver 2-6 Bed | Yes | No | No |
| RCF/MR 6-15 Bed | Yes | No | No |
| RCF/MR 16-25 Bed | Yes | No | No |
| RCF/PMI | No | Yes | No |
| RCF | Yes | Yes * | Yes * |
| Supported Community Living | Yes | Yes | Yes |
| Personal & Environmental Support | Yes | Yes | No |
| ICF/MR | Yes | No | No |
| Drug & Alcohol | No | No | No |

* DD Note: Persons diagnosed with developmental disability may only be enrolled for funding from county mental health funds as an exception, approved by the Board of Supervisors, or as an entitlement or mandate.

* Hospitalization will be covered at Cherokee MHI as ordered by the court and private hospitalization will only be covered when the service is provided by a hospital with which the county has contracted with.

* Day services and work services for the CMI population may only be paid under three circumstances:

- 1) to transition people out of the hospital/avert hospitalization

2) to maximize self-sufficiency

* Residential care for persons with MI may be provided at privatized county care facilities when they present as chronically indigent on a case-by-case basis.

* Residential care for persons with CMI may continue to be provided to those receiving care before 7/1/96.

- Persons at risk of hospitalization will be funded in the least restrictive residential program that adequately addresses their need for stabilization and skill training to become self-sufficient.

D. Provider Network

The providers shown are those which are currently being, or those that may be funded by the counties to provide services to eligible consumers. Providers will be qualified as is specified in section I. G. of the policies and procedures manual. Additional providers may be used, and this list shall not mandate the counties to fund the providers, simply due to the listing of same.

| NAME | CODE | SERVICE |
|------------------------------------|---------------------------------|--------------------------------------|
| Abilities Unlimited | 50-362, 63-310 | Work Services, CSALA |
| Access Inc | 50-362 | Work Services |
| Area XII A & D T U | NA | Not in Mental Health Fund |
| Area XIV Agency on Aging | 31-000 | Transportation |
| Atlantic Medical Center Pharmacy | 41-306 | Prescription Meds |
| Atlantic Medical Center Pharmacy | 73-319 | Hospitalization, psychiatric |
| Audubon Co Memorial Hospital | 73-319 | Hospitalization, psychiatric |
| Broadlawns Medical Center | 73-319 | Hospitalization, psychiatric |
| Carroll Psychiatry | 42-305/399 | Psychotherapy, out-patient |
| Carroll Regional Counseling Center | 42-305/399 | Psychotherapy, out-patient |
| CASS Inc. | 50-362 | Work Services |
| Cedar Lane Estates | 65-314 | RCF 16+ bed |
| Cherokee County Work Services | 50-362 | Work Services |
| Cherokee MHI | 72-319 | State Institution, psychiatric |
| Children & Families of Iowa | 11-399 | Protective payee |
| Clarinda MHI | 71-319 | State Institution, psychiatric |
| Community Care of Glenwood | 65-318 | ICF/MR 16+ bed |
| Concerned, Inc. | 50-362 | Work Services |
| Counseling Assoc. of NC IA | 42-305 | Psychotherapy, out-patient |
| Country View Estates | 65-314 | RCF 16+ bed |
| DHS Case Management | 21-374 | Case Management |
| Dowd Drug | 41-306 | Prescription Medication |
| Eye Care Associates | 41-305 | Medical Care |
| Eyerly-Ball CMHS | 42-305 | Mental Health Services |
| Family Resource Center | 32-329 | HCBS |
| Fourth Ave Group Home | 65-318 | ICF/MR 16+ bed |
| Genesis Development | 50-362/368,63-310/315 32-329 | Work Svcs, SE, CSALA, RCF/MR HCBS |
| Glenwood State Hosp-School | 4272-319 | State Hospital-School |
| Greene Co Medical Center | 73-319 | Physiological, psychotherapeutic |
| Guthrie Co Hospital | 73-319 | Physiological, psychotherapeutic |
| Guthrie Family Medical Center | 41-305 | Medical Care |
| HomeCare Services | 31-354 | Transportation |
| Howard Center | 50-362, 50-368 | Work, Employment Services |
| Humboldt Workshop, Inc. | 50-362 | Work Services |
| Ida Sheltered Industries | 50-362, 63-329 | Work Services, HCBS |
| Innovative Industries | 50-362 | Work Services |
| Iowa Central Industries | 50-362, 63-310/315 | Work Services, CSALA, RCF/MR |
| Johnson, Mary DDS | 41-305 | Medical Care, Dental |

| <u>NAME</u> | <u>CODE</u> | <u>SERVICE</u> |
|-------------------------------------|--------------------|------------------------------------|
| Link Associates | 50-362 | Work Services |
| Madison County Elderly Services | 31-000 | Transportation |
| Mainstream Living, Inc. | 63-315, 63-329 | RCF/MR, HCBS |
| Mallard View, Inc. | 65-314 | RCF 16+ bed |
| Mary Greeley Medical Center | 73-319 | Private Hospital, psychiatric |
| McFarland Clinic, PC | 41-305, 73-319 | Medical Care, Committal |
| Medicap Pharmacy | 41-306 | Prescription Medications |
| Mental Health Advocate | 74-395 | |
| Miller Todd | 41-305 | Medical Care |
| New Hope Village | 63-310/315, 65-318 | CSALA, RCF-ICF/MR1-5,16+ bed |
| | 63-329 | HCBS |
| North Central Human Services | 64-318 | ICF/MR 6-15 bed |
| North Iowa Transition Center | 63-310 | CSALA 1-5 bed |
| North Iowa Vocational Center | 50-362, 368 | Work, Employment Services |
| Northwoods Living | 63-310 | CSALA |
| Oak Haven | 65-314 | RCF 16+ bed |
| Opportunity Living | 65-318 | ICF/MR 16+ bed |
| Opportunity Village | 65-318 | ICF/MR 16+ bed |
| Panora Medicap Pharmacy | 41-306 | Prescription Meds |
| Parents United of NC IA | 42-305 | Psychotherapy, out-patient |
| Park View Homes | 65-318 | ICF/MR 16+ bed |
| PLUS, Inc. | 64-315 | RCF/MR 6-15 bed |
| Prairie Rose Mental Health Center | 42-305/399 | Psychotherapy, Out-patient |
| Progress Industries | 63-310 | CSALA |
| Progressive Options | 65-314 | RCF 16+ bed |
| Public Health, Audubon County | 41-307 | In-Home Nursing |
| Public Health, Greene County | 41-307 | In-Home Nursing |
| Public Health, Guthrie County | 41-307 | In-Home Nursing |
| REM-Atlantic | 64-315 | RCF/MR 6-15 bed |
| REM-Council Bluffs | 64-315 | RCF/MR 6-15 bed |
| REM-Developmental Services | 50-367 | Adult Day Services |
| REM-Iowa | 64-315 | RCF/MR 6-15 bed |
| REM-Leadway, Inc. | 64-315 | RCF/MR 6-15 bed |
| ResCare | 44-396 | SCL |
| Richmond Center, The | 42-303/399 | MHC, psychotherapy, out-patient |
| Sheriff, Audubon County | 74-353 | Transportation, Committal |
| Sheriff, Greene County | 74-353 | Transportation, Committal |
| Sheriff, Guthrie County | 74-353 | Transportation, Committal |
| Southern Iowa Trolley | 31-000 | Transportation |
| Southwest Iowa Mental Health Center | 42-305/399 | Psychotherapy, Out-patient |
| Southwest Iowa Residential Services | 63-329 | HCBS/MR Waiver |
| Spectra Health Care | 65-314 | RCF 16+ bed |
| St Anthony Regional Hospital | 42-305/399 | Psychotherapy, Out-patient |
| Story Co Development Center | 50-362 | Work Services |
| Sunshine Homes, Inc. | 65-314 | RCF 16+ bed |
| Trinity Regional Medical Center | 73-319 | Inpatient, Private/Public Hospital |
| Village Northwest Unlimited | 65-318 | ICF/MR 16+ bed |
| Vocational Development Ctr, The | 50-362 | Work Services |
| WESCO | 50-362, 63-310 | Work Services, CSALA 1-5 bed |
| West Central Mental Health Center | 42-305 | Mental Health Services |
| Westminster House | 63-310, 64-314 | CSALA, Residential |
| Willow Heights, Inc. | 65-314 | RCF 16+ bed |
| Winifred Law Opportunity | 50-362 | Work Services |
| Woodward State Hosp-School | 72-319 | State Hospital-School |

D. Access Points

Coordinator, Ted Ely, hours: 8:00 to 4:30, Monday through Friday, email: cpcely@yahoo.com
Fax:515/386-2216; phone voicemail available 24 hours, 7 days per week as listed

- Audubon county - Courthouse, 318 Leroy St., Audubon, IA 50025, phone: (800)254-3054
- Greene county - Courthouse, 114 N. Chestnut, Jefferson, IA 50129, phone: (800)254-3054
- Guthrie county - Courthouse, 200 N. 5th St., Guthrie Center, IA 50115, phone: (800)254-3054

DHS Local Offices, hours: 8:00 to 4:30, Monday through Friday

- Audubon county – 608 N Court St, Suite C, Carroll, IA 51401, phone: (866)578-9861
- Greene county - 608 N Court St, Suite C, Carroll, IA 51401, phone: (866)578-9861
- Guthrie county - 608 N Court St, Suite C, Carroll, IA 51401, phone: (866)578-9861

DHS Case Management, hours: 8:00 to 4:30, Monday through Friday

- Audubon, Greene and Guthrie counties;
 - Jill Christoffersen, PO Box 184, Audubon, IA 50025, phone: (712)563-4600
 - Belinda Mikkelsen, PO Box 184, Audubon, IA 50025, phone: (712)563-4003
 - Bev Harlan, 200 N 5th St, Guthrie Center, IA 50115, phone: (641)747-8030
 - Charla Grote, 110 E. State, Jefferson, IA 50129, phone: (515)386-8836
 - Mary Wilson, 110 E. State, Jefferson, IA 50129, phone: (515)386-4730
- Regional;
 - Linda Conrad, Case Management Supervisor, phone: 641-751-3035

Mental Health Centers/Other Mental Health Providers:

- Guthrie County
 - West Central Mental Health Center – 2111 Green St, Adel, IA 50003
 - Guthrie County Hospital, 710 N. 12th, Guthrie Center, IA 50115; Phone: (800)321-7772
- Greene County
 - The Richmond Center;
 - Greene County Medical Center; 1000 W. Lincolnway, Jefferson, IA 50129;Ph: (515)386-2114
 - Ames Office; 125 S Third, Suite 200, Ames, IA 50010;Ph: (515)232-5811 or 800-830-7009
- Audubon County
 - Carroll Psychiatry & Family Counseling Center
 - 318 S. Maple, Carroll, IA 51401; Ph: (712)792-3264 or (800)305-3264
 - Prairie Rose Mental Health Center
 - 1303 Garfield Ave., Harlan, IA 51537; Ph: (712)755-5056 or (712)755-5156
 - Southwest Iowa Mental Health Center
 - 1408 10th St., Atlantic, IA 50022; Ph: (712)243-2606 or (800)458-4403